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upon the Inner Self. Lucid Dreaming: Gateway to the Inner Self by Robert Waggoner As the years passed, however, certain pivotal lucid dreams opened my mind to the possibility that lucid dreaming offered a gateway to so much more. In part one of this book, you will read about my journey into lucid dreaming, beginning with simple experiments such as asking a dream figure to explain the dream symbolism or tell me what it represents. Lucid Dreaming: Gateway to the Inner Self - SILO.PUB Buy [(Lucid Dreaming: Gateway to the Inner Self [LUCID DREAMING: GATEWAY TO THE INNER SELF] By Waggoner, Robert (Author)Oct-01-2008 Paperback By Waggoner, Robert (Author) Paperback Oct - 2008)]

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unique storytelling style is compelling reading an impressive exploration of the subject. The work is scholarly, fascinating, and, most of all, practical. --Christine Lemley, Executive Producer, DREAMTIME Series, WFYI/PBS-TV

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Self ... In this interview Noel Bell

speaks to Robert Waggoner author

of *Lucid Dreaming: Gateway to the*

Inner Self. The interview took place

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at the Gateways to the Mind conference on lucid dreams which took... How to Lucid Dream with Robert Waggoner, author of Lucid Dreaming: Gateway to the Inner Self In Lucid Dreaming: Gateway to the Inner Self, you will read how experienced lucid dreamers have taken lucid dreaming to a whole new level. Using techniques and various mental approaches, you will learn how to construct a more stable, longer-lasting lucid dream, and use it as a platform for personal investigations and experimentation. Interview with Robert Waggoner - World of Lucid Dreaming In this interview I chat to Robert Waggoner author of Lucid Dreaming: Gateway to the Inner Self. The interview took place at the Gateways to the Mind conference

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on lucid dreams which took place in London in November 2012. The event was held in the grand location of the Royal Geographical Society in Kensington.

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